



# CHAMBER AdvANTAGE

A Valley City Area Chamber of Commerce Publication

www.valleycitynd.com

September 2009

701-845-1891

## Construction Projects Continue



Construction is progressing all around the Rosebud Visitor Center as work continues by Quam Construction on the Main Street sewer project (*above*) and the outdoor railroad interpretive displays on the west side of the building. Daryl Heise is completing the boardwalk which will surround the displays. (*left*)

KLJ Engineering reports that the Main Street Construction project remains on schedule which is good news for the affected businesses. Residents are urged to continue supporting these businesses during the construction project.



## **Greetings From Your President**

By Doug Anderson, VCSU

### **Thank You, Thank You, and Get Involved!**



This month, I have three items to address.

First, congratulations and “thank you” to Lance Jenison who will be taking over as president of the Board of Directors at our annual retreat. For me, it has been a genuine pleasure serving in this capacity and I am 100% confident that Lance will do an outstanding job.

Second, a huge “thank you” to Dean Ihla who is moving on after serving the Chamber as Executive Vice President for the last four years. During his time, he served with dedication and commitment, and we should all be grateful for his efforts. I encourage all of you to join us for his farewell celebration on Friday, September 18 from 2:00 – 4:00 pm at the Dacotah Bank Pavilion in Chautauqua Park.

And finally, a brief recap of the single most important thing I learned over the last year: the vital role that the committees play in the Chamber.

I began the year with the goal of just learning more about the various committees, and I must say that I learned a lot. These groups are comprised almost exclusively of volunteers, and the committee rosters read like a “Who’s Who” of people that make a difference in Valley City. Like many aspects of this town, things happen when volunteers decide to work together for a common purpose, and that is certainly true of these committees.

So what? Volunteering to serve on one of the committees is an opportunity for every Chamber member to make a huge difference. In every meeting, I was impressed with both the importance of their work and the impact they are having.

*So I encourage all of you to take a look at this list of Chamber committees and find one that resonates with you as serving a purpose you feel is important.* Then attend just a single meeting to learn more about who they are and what they do. I promise, you’ll be impressed!

Chamber Committees: Agriculture, Ambassadors, Business Revitalization, Commerce, Convention & Visitors Bureau, Image & Beautification, Quality of Place Cornerstone, and Legislative Affairs.

Thank you for the opportunity to serve as president of the Board of Directors; it has been a great experience!

## **2008-2009 Valley City Area Chamber of Commerce BOARD OF DIRECTORS**

**Doug Anderson, President**  
VCSU

**LouVay White, Past President**  
Open Door Center

**Lance Jenison, President Elect**  
State Farm Insurance

**Sue Kapaun, Treasurer**  
Dacotah Bank

**Dean Sauer**  
Valley Officeworks

**Dr. Larry E. Sayler**  
Central Avenue Chiropractic

**Craig Christianson**  
Sheyenne Care Center

**Cindy Waagen**  
Marketplace Foods

**Dean Kinney**  
Lafarge Dakota, Inc.

**Jill Engler**  
Community

**Nathan Hoehn**  
Wells Fargo Bank

**Michelle Wobbema**  
First Community Credit Union

**Dr. Steven Shirley** Ex Officio  
VCSU

**Mary Lee Nielson**, Ex Officio  
Mayor

### **STAFF**

**Dean Ihla**  
Executive Vice President  
chamber@hellovalley.com

**Pamela Erickson**  
Office Administrator  
pamela@hellovalley.com

**Briana Schlosser**  
Office Assistant/Motor Vehicle Administrator  
briana@hellovalley.com



***EVP Report***  
***Dean Ihla, Executive Vice President***



**Thank you Valley City**

It was with mixed emotions that I submitted my resignation the Chamber board of directors on August 14<sup>th</sup>. Sorry to be leaving friends in Valley City, but eager for the opportunities that await me in

my new position as Tourism Development Manager for the North Dakota Tourism Division in Bismarck. I will be working with communities across the state in helping to develop tourism related businesses so I look forward to working with the Valley City area in my new position as well. An EVP search committee has been formed and applications are being accepted until September 11<sup>th</sup>. In the meantime we have an experienced and competent staff and board who will keep everything moving forward.

I've enjoyed the past four years in Valley City – there have been challenges, some of which have been overcome and some that are still a work in progress. But dedicated board members, staff, and committee members will work together with our 250 chamber members to make sure that the Chamber will continue to grow and remain a viable organization supporting our local business community.

What I will take with me as I leave is four years of wonderful memories. During my first three weeks on the job in 2005, the Chamber coordinated two parades (141<sup>st</sup> Welcome Home and Rally in the Valley), three street dances, a rainy soapbox derby and the first annual rubber duck race. As the new kid in town, I definitely wondered what I had gotten myself into! But I soon realized that the chamber has a lot of supporters and there were always volunteers who stepped forward to help.

It's been rewarding to be able to play a small part everything that's been happening in Valley City – the Chamber's 100<sup>th</sup> Anniversary in 2006, the installation of the interpretive displays in our office in 2007 and Valley City's 125<sup>th</sup> Anniversary in 2008. But probably most rewarding has been to see how

this community pulled together and persevered to fight the record flood of 2009. For businesses along Main Street and residents who live along the river, things are still not back to normal. But there's never been a question that our community will survive and thrive – it's just how things are done in Valley City.

So thank you Valley City for making my time here such a rewarding experience. This is a special community and I hope everyone who lives here understands and appreciates that. I'll be leaving, but will always keep a part of Valley City in my heart.

**Chamber Ag Committee Makes Donation to Winter Show**



Chamber Ag Committee Chair Scott Beilke presents a \$500 check to Winter Show Manager Nancy Allen in appreciation for the use of the NDWS building as "Sandbag Central". Nancy has indicated the donation will be used for project related to the North Dakota Ag Hall of Fame that has displays in the Rosebud Visitor Center and North Dakota Winter Show Event Center.



## **Chinese ensemble *Beauty and Melody* brings at taste of Chinese culture to Valley City!** First Ensemble of Arts Midwest World Fest Partnership

The captivating music of Beauty and Melody, an all-female 16-member ensemble from China's Sichuan Province, will take you on a journey—from ancient Chinese dynasties to the hip and contemporary culture of today. Their instruments, costumes, songs, and personalities merge to charm you with their unique performance worthy of their name. Having toured the world—including performing at the United Nations in 2005—Beauty and Melody now bring their music to the Midwest.



"It's a rare for small and mid-size Midwestern communities to host an ensemble from China," says Wes Anderson, Past President of the Bridges Arts Council. "The music and culture Beauty and Melody shares will be absolutely fascinating and so different from anything we have heard before. The ensemble will be in Valley City for a full week and we expect this residency will be a delightful experience for our entire community."

According to Wes Anderson, Valley City typically does not regularly have the resources to host week-long residencies by international ensembles like Beauty and Melody. Arts Midwest, a regional arts organization based in Minneapolis, offsets much of the cost and handles the coordination of Arts Midwest World Fest tours in order to offer communities throughout the Midwest this rich international arts experience. Valley City was selected as one of only nine Midwestern cities to host the 2009-11 Arts Midwest World Fest.

"Our goal is to make lasting impressions on the communities that host Arts Midwest World Fest," says David Fraher, Executive Director of Arts Midwest. "Our musicians do not simply perform one evening and leave. Rather, they conduct extensive residencies, where they perform in schools and in a variety of community venues. They conduct dozens of workshops about their culture, music and language. We want this to be a rich experience for the full community."

Beauty and Melody's visit will be followed by three more ensembles over the course of this two year partnership with Arts Midwest. Arts Midwest World Fest presents international music ensembles in week-long residencies in smaller Midwestern communities. Its purpose is to foster global understanding and appreciation through cultural experiences. The other ensembles to visit Valley City in future residencies include Mauvais Sort of Canada, the Israeli Ethnic Ensemble from Israel, and Agatsuma, a Japanese ensemble led by shimsen player, Agatsuma.

An Arts Midwest initiative, the 2009-2011 Arts Midwest World Fest is generously sponsored by the National Endowment for the Arts, 3M Foundation, MetLife Foundation, the President's Committee on the Arts and the Humanities, Québec Delegation du Chicago, the Consulate General of Israel to the Midwest, and the Chinese Heritage Foundation Grants Fund of the Minneapolis Foundation. Additional support provided from the Ministry of Culture of the People's Republic of China.

Arts Midwest World Fest is also generously supported by our member state arts agencies: Illinois Arts Council, Indiana Arts Commission, Iowa Arts Council, Michigan Council for Arts and Cultural Affairs, Minnesota State Arts Board, North Dakota Council on the Arts, Ohio Arts Council, South Dakota Arts Council, and Wisconsin Arts Board.

### **Beauty and Melody Ticket Information**

Monday, September 21: Valley City High School and Jr. High School  
Tuesday, September 22: Washington and Jefferson Elementary Schools  
Wednesday, September 23: Barnes County North Schools  
Thursday, September 24: Valley City State University Music Dept  
Friday, September 25: Public Concert Vangstad Auditorium 7:30PM

*All tickets will be available at the door for a free will offering.*

Sponsors include:

*Valley City Convention & Visitors Bureau, VCSU, ND Council on the Arts, Arts Midwest, AmericInn and Bridges Arts Council.*

## Show Your VCSU Viking Pride!

The VCSU Foundation and the North Dakota Department of Transportation are pleased to provide an opportunity to show your Valley City State University Viking Pride every day as you drive your vehicle around the state and across the country. By supporting this “pride promotion” you also directly support Valley City State University and its V-500 Scholarship Programs.



### Facts about the program:

\*To purchase the VCSU plate, the cost is \$25. The State will return \$15 of this fee to the University. After the initial purchase, you will be assessed an annual VCSU license plate fee of \$25 plus your regular tag renewal fees on your normal anniversary registration statement.

\*Available for all North Dakota Vehicles. Anyone who has a registered North Dakota vehicle can secure a plate. You do not need to be a VCSU alumnus or student.

\*There will be 5 alpha/numeric characters on the VCSU plate. You can secure a vanity plate for an additional \$25 annual fee.

*How do you order a plate?* Fill out the ND Department of Motor Vehicles “Application for Organizational Plate” form (available at the Foundation Office, Rosebud Visitor Center or DOT website) and submit to the VCSU Foundation Office (101 College St SW, Valley City, ND 58072) along with a \$25 payment payable to ND DOT

For more information, contact Kim Hesch at 845-7203.

Help us bid a fond farewell to Dean Ihla as he takes a new job in Bismarck.

**Friday, September 18th**  
**2-4pm**  
**Dacotah Pavilion in Chautauqua Park**

Hope to see you there!



**VALLEY  
DRUG**

239 Second Avenue NW • Valley City, ND  
701-845-1763 • 1-800-244-2230

## Register Today for North Dakota's Premiere Workforce Event

2009 Governor's Workforce Summit planned Oct. 8-9 in Fargo

### Be an Influencer

The 2009 Governor's Workforce Summit is an interactive conference that delivers practical, demand-driven solutions for today's workforce challenges. The Summit gives you the opportunity to engage in policy discussions and influence North Dakota's plan of action for talent attraction, retention and expansion.

### Join the Best Minds

The 2009 Governor's Workforce Summit brings some of the industry's best minds to North Dakota to lead 30+ discussion topics, including: talent shortages/skill gaps, replacing workers reaching retirement, retention issues, managing a multigenerational workforce, best practices and innovative solutions of competitors.

### Gather Smart Solutions

At the end of the Summit, you will better understand your unique workforce challenges, and have practical, innovative solutions to implement in your workplace.

*Who Should Attend the Summit?* Employers, business and community leaders, HR managers, educators, young professionals, policymakers, economic development professionals and public sector representatives.



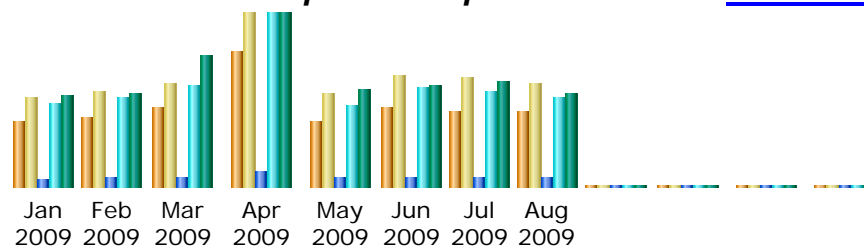
Register today at [NDWorkforce.com](http://NDWorkforce.com) and click on the Governor's Workforce Summit link.

# Is Your Business Linked to our Website?

The 2009 spring flood created a sharp spike in visits to the two websites maintained by the Chamber, Development Corporation and CVB. In April, the two sites had just under 7000 visitors and 280,000 hits. This is nearly double the number tracked on an average month. Since the new Chamber and Development Corporation website [www.valleycitynd.com](http://www.valleycitynd.com) was launched in May 2008, 19,369 visits have been made to the site with a total of 912,457 hits. Our old website [www.hellovalley.com](http://www.hellovalley.com) was redesigned and re-launched as the tourism website in September 2008 and has received 28,395 visits and 882,716 hits. This adds up to a nearly 48,000 visits and a total 1.8 million hits since the two websites went online!

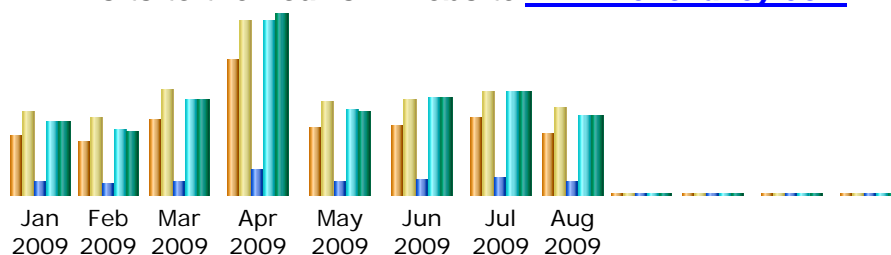
If your business has a website, make sure we have a link to it on the "members" page of our website. If the link is missing or incorrect, call or email the chamber and we will make the necessary corrections. We also have the ability to track how many visits your business receives from the chamber's website. 3,250 website visitors have looked up chamber member information from our members page since this feature was added last year. The members with the most visits are Eagle Creek Software, Direct Check, Abused Persons Outreach Center, Ace Hardware, Marcil Management Group, Edward Jones-Susan Jorissen, Taco John's, Ameripride Linen Services, Weber Home Inspections, Valley Realty, Lawn Realty, Edward Jones-Bob Lemnus, Perkins Inc, Miller Motors, Enticing Scents, Pizza Corner Stack Construction, Total Cellular and Stoudt-Ross Ford.

## Visits to the Chamber & Development Corporation website [www.valleycitynd.com](http://www.valleycitynd.com) in 2009:



Month	Unique visitors	Number of visits	Pages	Hits	Bandwidth
Jan 2009	800	1077	4807	50893	20.75 MB
Feb 2009	846	1158	6148	54574	21.42 MB
Mar 2009	949	1244	5924	62441	29.98 MB
Apr 2009	1636	2184	9117	110811	41.18 MB
May 2009	787	1132	5629	49434	22.09 MB
Jun 2009	956	1357	5602	60953	22.92 MB
Jul 2009	919	1318	5736	59098	23.92 MB
Aug 2009	920	1249	5717	54894	21.47 MB
Total	7819	10725	48712	503479	203.87 MB

## Visits to the Tourism Website [www.hellovalley.com](http://www.hellovalley.com) in 2009:



Month	Unique visitors	Number of visits	Pages	Hits	Bandwidth
Jan 2009	1525	2173	12189	68032	29.33 MB
Feb 2009	1388	1997	10030	60515	25.59 MB
Mar 2009	1954	2738	12798	88084	38.57 MB
Apr 2009	3483	4660	22766	168343	72.97 MB
May 2009	1722	2430	12613	79560	33.92 MB
Jun 2009	1795	2477	14343	91564	39.35 MB
Jul 2009	1984	2686	16629	96444	41.92 MB
Aug 2009	1580	2227	11941	73538	32.29 MB
Total	15447	21404	113351	726448	314.09 MB

# Valley City Area Chamber of Commerce August Ambassador Visits



Viking Room  
Jeremy Schwab  
New Owner  
253 Central Ave N  
Valley City, ND 58072  
701-845-9248

Dudes & Divas  
Melissa Bloom, Owner  
New Business  
New Member  
356 Central Ave N  
Valley City, ND 58072  
701-845-8920



Dacotah Pavilion at Chautauqua Park  
Grand Opening  
Tuesday, August 25th

*Left-*Members of the Chamber Ambassadors stand by for the ribbon cutting.

*Right-* Mark Oberlander & Amy Pederson helped serve over 700 hotdogs for the community picnic.

*Below-*Park Board Members & Representatives from Dacotah Bank cut the ribbon for the new Chautauqua Park facility.



# Chamber Newsletter Ad Rates\*

## Business Card Ads

## Inserts

### Looking for the Key to Low Cost Business-to-Business Advertising?



The Chamber Pride Newsletter now offers our members the opportunity to purchase business card-sized ads for the low cost of \$20 per issue.

Insert ads are also available for \$30 per issue. Contact the Chamber at 845-1891 for details. Multi-issue discounts also available!

### Business Card Ad Rates

# of Issues	Each	Total
1	\$20.00	\$20
2	\$17.50	\$35
3	\$16.67	\$50
4	\$16.25	\$65
5	\$15.00	\$75

*must purchase quantity in advance*

### Insert Ad Rates

Frequency	Each	Total
1	\$30.00	\$30
2	\$25.00	\$50
3	\$22.00	\$66

*Discount received on subsequent purchases  
Advertiser supplies 300 copies*

**Contact the Chamber for more information,  
845-1891 or [chamber@hellovalley.com](mailto:chamber@hellovalley.com)**

\*Advertising available to members of the Valley City Area Chamber of Commerce only.  
Multi-issue discounts must be placed within one calendar year starting October 1, 2009.

### “Coats for Kids” Distribution in Valley City

Faith in Action of Mercy Hospital is again coordinating the distribution of KVLV's Coats for Kids in the Valley City area. Donated children's coats and winter outerwear will be available at no cost to families in need at Epworth United Methodist Church, 680 8<sup>th</sup> Avenue Southwest in Valley City from September 23-26 (Wednesday through Saturday) from 10:00 a.m. until 7:00 p.m.

This nationally recognized service project, “Coats for Kids” is in its 23rd year and is spearheaded by KVLV-TV 11 and MeritCare Children's Hospital. MeritCare Clinic, Pamida, and Sheyenne Care Center were the collection points in Valley City for the donated coats and accessories. In the past 22 years, “Coats for Kids” has collected, cleaned, and distributed over 235,505 coats and accessories. Last year's campaign provided children with 10,966 winter garments.

Faith in Action of Mercy Hospital has worked with KVLV and local organizations for the past several years to coordinate the distribution of these items to insure that needed coats and accessories are available at a local level for children in the Barnes County area.

Interested families may call Faith in Action of Mercy Hospital at 845-6491 for more information.

## Thank you

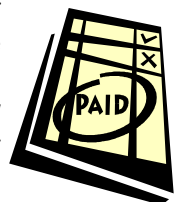
*to our members who have renewed their membership in the Valley City Area Chamber of Commerce in August. Remember that it is policy of the Chamber to refer Chamber member businesses first!*

Brenda Laub, CPA  
City County Health District  
Dairy Queen  
Dick Nelson Sales & Leasing  
Edward Jones—Susan Jorissen  
Hagen & McKibben Dental  
Positive Solutions Counseling

Sheyenne Valley Area Career & Tech Center  
Sheyenne Valley Friends of Animals  
VCSU Music Department  
Weber Home Inspections  
Wells Fargo Insurance Services  
Xtreme Printing & Novelties

### Is Your Membership Current?

September 30<sup>th</sup> marks the end of your Chamber's fiscal year. We want to make sure everyone's membership is up-to-date at that time. If you have any questions about the status of your membership, give the Chamber a call at 845-1891. Your continuing support is greatly appreciated as we continue to add new programs and projects to benefit our members.





# Community Calendar of Events

[www.valleycitynd.com](http://www.valleycitynd.com)



For detailed information, please visit [www.valleycitynd.com](http://www.valleycitynd.com)

## SEPTEMBER 2009

- September 1 – Boys Varsity Tennis vs. West Fargo at 4:00pm Location TBD
- September 3 – Girls Varsity Volleyball vs. Ellendale at 7:30pm at Hi-Liner Activity Center
- September 4 – Varsity Football vs. Carrington at Hanna Field 7:00pm
- September 5 & 6 – Polkafest at VC Eagles Club– Sat. Sept. 5<sup>th</sup> from 1 – 10pm and Sun. Sept. 6<sup>th</sup> from Noon – 9pm \$10/day Bands: Odell Braaten, Wee Willy Bank & Leon Olson
- September 8 – VCSU Volleyball vs. University of Minnesota – Morris – 7:00pm VCSU
- September 9 – Giant Fruit Salad at St. Catherines School – Sponsored by the Barnes on the Move Partnership – Serving from 1-3pm – Contact Larissa Musgrave at 845-6483 for further information
- September 10 – Boys Varsity Tennis vs. Fargo North 4:00pm
- September 10-13 - NDQHA. Contact Jean Fredrich, 701-725-4420
- September 11 – VCSU Volleyball vs. Dakota Wesleyan University – 7:00pm VCSU
- September 11 – Varsity Football vs. Oak Grove Lutheran - Hanna Field 7:00pm
- September 12 – VCSU Football vs. Concordia College – 1:30pm Lokken Field
- September 12 & 14 – VCHS Drama Fundraiser/Production 7:30pm
- September 15 – Girls Varsity Volleyball vs. Marion Public – Hi-Liner Activity Center 7:30pm
- September 16 – Giant Fruit Salad at Jefferson School – Sponsored by the Barnes on the Move Partnership – Serving from 1-3pm – Contact Larissa Musgrave at 845-6483 for further information
- September 17 – Boys Varsity Tennis vs. Fargo South – 4:00pm Location TBD
- September 18 – Varsity Football vs. Kindred – 7:00pm at Hanna Field
- September 18 – VCSU Volleyball vs. Dakota State University – 7:00pm VCSU
- September 19 – VCSU Volleyball vs. Mayville State University – 7:00pm VCSU
- September 19 – VCSU Football vs. Minot State University – 1:30pm Lokken Field
- September 19 – Boys/Girls Varsity Cross Country – Bill Jansen Invite
- September 19 – Girls Varsity Volleyball Optimist Tournament
- September 18-20 – 164<sup>th</sup> Infantry Reunion
- September 22 – VCSU Volleyball vs. Presentation College – 7:00pm VCSU
- September 22 – Girls Varsity Volleyball vs. Oaks at Hi-Liner Activity Center 7:30pm
- September 23 – Giant Fruit Salad at Washington School – Sponsored by the Barnes on the Move Partnership – Serving from 1-3pm – Contact Larissa Musgrave at 845-6483 for further information
- September 25 – VCSU Volleyball vs. South Dakota School of Mines & Tech. – 7:00pm VCSU
- September 25 – Abused Persons Outreach Center Fall Supper & Fundraiser Auction Valley City VFW Club. \$8 Adults, \$4 Students, preschool free. Advanced tickets available by calling 845-0078.
- September 26 – VCSU Volleyball vs. Black Hills State University – 3:00pm VCSU

## OCTOBER 2009

- October 2 – Varsity Football vs. Shanley 7:00pm at Hanna Field
- October 3 – VCSU Football vs. Black Hills State University – 1:30pm Lokken Field
- October 4 – Valley City Area Concert Association presents Barbary Coast, Dixieland Band 7:30pm Vangstad Auditorium - More Information contact Diana Skroch 845-1848 or 845-7273
- October 7 – VCSU Volleyball vs. Jamestown College – 7:00pm VCSU
- October 8 – Varsity Girls Volleyball vs. Lisbon 7:30pm at Hi-Liner Activity Center
- October 9-11 - Great Midwest Horse Shows. Contact Jean Fredrich, 701-725-4420.
- October 10 – United Methodist Women’s Bazaar
- October 12 – Varsity Girls Volleyball vs. Maple Valley 7:30pm at Hi-Liner Activity Center
- October 13 – Varsity Girls Volleyball vs. LaMoure 7:30pm at Hi-Liner Activity Center
- October 15 – Varsity Football vs. Grafton Senior 7:00pm at Hanna Field
- October 17 – VCSU Football vs. Mayville State University – 1:00pm Lokken Field
- October 17 – District 24 Dem/NPL Original Fall Roundup at the VFW Club – Buffet from 6:30-7:30 with auction to follow. Contact Connie Winkler 845-4895 for more information
- October 17 – Varsity Girls Volleyball vs. Kidder County 6:00pm at Hi-Liner Activity Center
- October 20 – VC Jr. High Art Show – 4pm
- October 26 – VC Jr. High Band/Choir Concert - 7:30pm
- October 29 – VCSU Men’s Basketball vs. Lakehead University – 7:00pm VCSU
- October 30 – VCSU Men’s Basketball vs. Midland Lutheran College – 3:00pm VCSU
- October 30 - 5th Annual Ruckus at the Rec Friday, October 30th from 6-8pm - More information contact Amy at the Valley City Parks & Recreation office 845-3294
- October 30 – VCSU Volleyball vs. Minot State University – 7:00pm VCSU
- October 31 – VCSU Volleyball vs. Dickinson State University – 7:00pm VCSU
- October 31 – VCSU Football vs. Jamestown College – 1:30pm Lokken Field
- October 31 – Annual Chuck Wagon Dinner, Congregational United Church (UCC)



# BUSINESS AFTER HOURS



## *The Legacy Place*

570 13th St NE

Tuesday September 15<sup>th</sup>  
5-7 pm

*Enjoy appetizers and a glass of wine or other beverage as you and your fellow Chamber members tour this impressive new facility.*

**We encourage you to attend - you could win \$25 in Chamber Bucks!**

**All Chamber Members &  
Employees Welcome!**

*National Assisted Living Week ~ September 13<sup>th</sup>-19<sup>th</sup>*



## *The Legacy Place*

### *Assisted Living Facility*

*Would like to invite you to help  
us celebrate!!*

*We have special events planned  
during the week!*

*We would like to invite the public to the following:*

*Sunday September 13<sup>th</sup> from 3-5pm: A free ice cream social and concert with Myron Sommerfeld and The Music of the Stars Orchestra.*

*Tuesday, September 15<sup>th</sup> from 5pm-7pm: The Legacy Place will be hosting "Business after Hours" with the Chamber of Commerce. Wine and appetizers will be served!*

*Wednesday, September 16<sup>th</sup> at 3:00pm: The Legacy Place welcomes the community to come and join us for Bingo. Cash Prizes will be awarded!! Also coffee and cookies will be served!!*

*Welcome To Innovis Health...*

## **New Provider Open House**

**Wednesday, September 30<sup>th</sup> from 5 pm–7 pm**

**Innovis Health Valley City • 132 4th Ave NE**

**Appetizers and beverages served • Tours of new clinic building**

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**Dupe Adewunmi, MD**  
**Family Medicine**

Dr. Adewunmi is originally from Ogun State, Nigeria. She is a member of the American Medical Association and the American Academy of Family Physicians. She specializes in adult medicine and prenatal care.

Dr. Adewunmi resides in Fargo with her husband. In her spare time, she enjoys traveling and decorating.



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**Jeff Brown, DC**  
**Doctor of Chiropractic**



Dr. Brown is a native of Valley City where he currently resides with his wife and family. He specializes in musculoskeletal injuries with emphasis on the lower back and neck and the unique challenges of spinal pain in the elderly.

Dr. Brown has served Valley City and the surrounding area since 1992. In his spare time, he enjoys golfing, coaching youth football, fitness & exercise and spending time with his family.

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**Benjamin Felty, DPM**  
**Podiatry**

Dr. Felty is a native of Minnetonka, MN, and is a member of the American College of Foot and Ankle Surgeons and the American Podiatric Medical Association. He specializes in forefoot and rearfoot pathology, foot and ankle surgery, sports-related injuries, diabetes care, fractures and orthotics

Dr. Felty resides in Jamestown with his wife and family. In his spare time, he enjoys camping, biking, outdoor activities and spending time with family.



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**Lana Meyer, FNP-C**  
**Family Medicine**



Lana was born and raised in Valley City, ND. She is a family nurse practitioner, a certified infant massage instructor and lactation counselor, and will be partnering with Dr. Tanya Diegel to provide family medicine services to individuals of all ages. Lana specializes in pediatrics, prenatal care, women's health and chronic disease management.

Lana resides in Valley City with her family. In her spare time, she enjoys golfing, gardening and spending time with family.

*...Making life better in Valley City and the surrounding area.*