

# Recreation

Enjoy the scenic charm of Valley City in our public swimming pool, skate park, municipal golf course, or one of our seven city parks. If you're in the mood for fishing, boating, skiing or camping, Lake Ashtabula is only 12 miles away and many other natural hotspots are nearby. The area has plenty to do outdoors in the wintertime, like cross-country and downhill skiing, but if you prefer to stay indoors, you can stay active year-round with the Valley City Parks & Recreation Fitness Center.

## Visiting Valley City, ND

### Gateway to the Sheyenne Valley

Take a look at Valley City—a scenic location with all of the amenities you're looking for and many more that other communities can't provide.

### Scenic Byway

Stretching 63 miles along the breathtaking Sheyenne River Valley, from Baldhill Dam to Lisbon following ancient Native American foot paths and pioneer wagon trails, the Sheyenne River Valley Scenic Byway was awarded National Byway designation in June, 2002. Whether it is snowmobiling, cross-country or downhill skiing in the winter or fishing, hiking, biking or canoeing in the summer, the possibilities abound on our Byway. In the spring, blooming lilacs, chokecherries, June berries and wild plums, or the green, golden yellows and deep red colors of fall. Midwest Living Magazine suggests this roadway as a "Fall Color Drive".

### North Country Trail

Modeled after the famous Appalachian Trail, the North Country National Scenic Trail is a premier footpath that stretches 4,600 miles linking communities, forests, and prairies across seven northern states.

### Lake Ashtabula

Located 12 miles north of Valley City, Lake Ashtabula is a recreational secret full of great fishing, excellent boating and skiing, and is developing into a cabin resort area as well. This 26 mile fun filled waterway is maintained by the Corp of Engineers and hosts many camping and recreational spots.

### Parks & Recreation

Valley City Parks & Rec offers a variety of activities for all ages ranging from Tae Kwon Do to league basketball and tennis plus many more. Enjoy swimming at the municipal outdoor pool or indoor at VCSU or visit one of the two local golf courses. Barnes County parks also offer a variety of activities and amenities.

### History

Discover the rich, colorful history of the Valley City, founded in 1872. The Barnes County Museum features numerous local, statewide and national historic exhibits. As a town built around a winding river, many bridges become very necessary. A bridge tour showcases Valley City's beautiful and historic bridges.